



அதர்வலை

ADHIRIVALAI

கவுசானல் மாநில மாதச் செய்தி மடல்

அக்டோபர் 2026 | வலை 09 | பின்னல் 10

You are all Brothers (Matthew 23:8)

BROTHERHOOD: A CALL TO BECOME ANOTHER CHRIST

**Dear Brothers,
Fraternal Greetings
to each one of you in
the loving Heart of
Jesus!**

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Brotherhood: The Heart of Our Vocation

As we enter the month of October, I thank God for the precious gift of our vocation and for each one of you who shares this journey of consecrated Brotherhood. This month places before us two significant celebrations: **Brotherhood Day on 4th October, the Feast of St. Francis of Assisi, and the Feast of Our Lady of the Holy Rosary on 7th October.** Both invite us to return to the heart of our vocation. Jesus reminds us, **"You are all brothers" (Mt 23:8).** The word Brother is therefore not merely a title before our name; it is our identity, spirituality and mission. This Brotherhood Day invites each of us to ask sincerely: Am I merely called a BROTHER, or am I truly becoming a BROTHER to others?

St. Francis: A Brother to All

St. Francis of Assisi offers us a profound model of authentic Brotherhood because his fraternity was born from his radical love for Christ. He discovered God as Father and consequently learned to see every person as brother or sister. He embraced the poor, approached the rejected, served the leper, became an instrument of reconciliation and recognised the whole of creation as God's family. The more deeply Francis belonged to Christ, the more deeply he belonged to others. His life teaches us a fundamental truth: **we become Brothers not merely by living together, but by belonging together in Christ.** Our common house, prayer, meals and ministries become genuine fraternity only when our hearts are open to one another.

Francis also challenges the individualism of our time. His poverty was not simply the renunciation of possessions; it was an interior freedom that enabled him to

belong completely to God and to others. Religious life likewise calls us to move gradually from **"I" to "We," from "mine" to "ours," from personal preference to common discernment, and from individual achievement to common mission.** Brotherhood does not remove our uniqueness; rather, it transforms our gifts into gifts for others. Genuine fraternity is revealed when we learn to listen without judging, correct without humiliating, lead without dominating, obey with freedom, forgive without keeping accounts, and rejoice sincerely in the gifts and achievements of another Brother.

Brotherhood: A Daily Conversion

Brotherhood Day must therefore become more than a celebration; it should become a moment of personal conversion. Instead of asking how another Brother should change, let each of us ask: **What kind of Brother am I becoming?** Does my presence bring peace to my community? Do my words heal or hurt? Can I appreciate another Brother sincerely? Am I available when someone needs me? Can I take the first step towards reconciliation? These questions are not meant to discourage us, but to lead us towards greater spiritual maturity. Our Province becomes stronger whenever a Brother chooses forgiveness over resentment, encouragement over criticism, availability over self-interest and communion over isolation. Sometimes the renewal of an entire community begins with the humble words: **"Brother, forgive me; let us begin again."**

The Holy Rosary: From Prayer to Fraternity

On 7th October, the Church celebrates **Our Lady of the Holy Rosary.** Mary reminds us that true Brotherhood must be rooted in prayer. The Rosary is more than the repetition of prayers; it is a contemplative journey with Mary into the mysteries of Christ. For a religious Brother, the Rosary can become a **school of interior transformation:** in restlessness it teaches silence, in

Provincial's Programme October 2026

- 09 **PROVINCIALATE**
Province Consult
- 10 **PALAYAMKOTTAI**
Orientation for Teacher's & Non Teaching Staff
- 16 **MADURAI**
Meeting with Arch Bishop
- 17-18 **YERCURD**
HM & Correspondent Meet
- 24-25 **PROVINCIALATE**
*Jubilee Sports Meet
Brotherhood Day*

Important Days / Events

- 04 **FEAST OF ST. FRANCIS ASSISI**
- 07 **FEAST OF OUR LADY OF THE ROSARY**
- 24-25 **JUBILEE SPORTS MEET BROTHERHOOD DAY**



THE POPE'S Monthly Prayer Intention FOR MENTAL HEALTH MINISTRY

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

Thought of the month
Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.
— Buddha



uncertainty trust, in temptation fidelity, in suffering perseverance, and in community difficulties patience and forgiveness. Therefore, let us rediscover the Rosary, personally and in community, not merely as a spiritual obligation but as an encounter with Christ through Mary.

Yet our Rosary must also become life. We cannot meditate on Christ carrying His Cross while remaining indifferent to a Brother carrying a burden. We cannot contemplate the Crucified Lord while hurting one another through harsh words, criticism or indifference. We cannot celebrate the Resurrection while deliberately keeping old wounds alive. **The Rosary in our hands must gradually become charity in our hearts; prayer must become life, and devotion must become communion.** This is the transformation to which Mary gently leads us.

Becoming Brothers after the Heart of Jesus

My dear Brothers, as sons of the spirituality handed on to us through **Servant of God Fr. Adrian Caussanel**, our Brotherhood must ultimately be shaped by the **Sacred Heart of Jesus**, a Heart that welcomes, understands, forgives, heals, sacrifices and loves without counting the cost. May our communities increasingly become places where every Brother feels respected, valued and loved; where the elderly experience gratitude, the young receive encouragement, the sick experience care, the struggling find understanding, and those entrusted with responsibility exercise it through humble service.

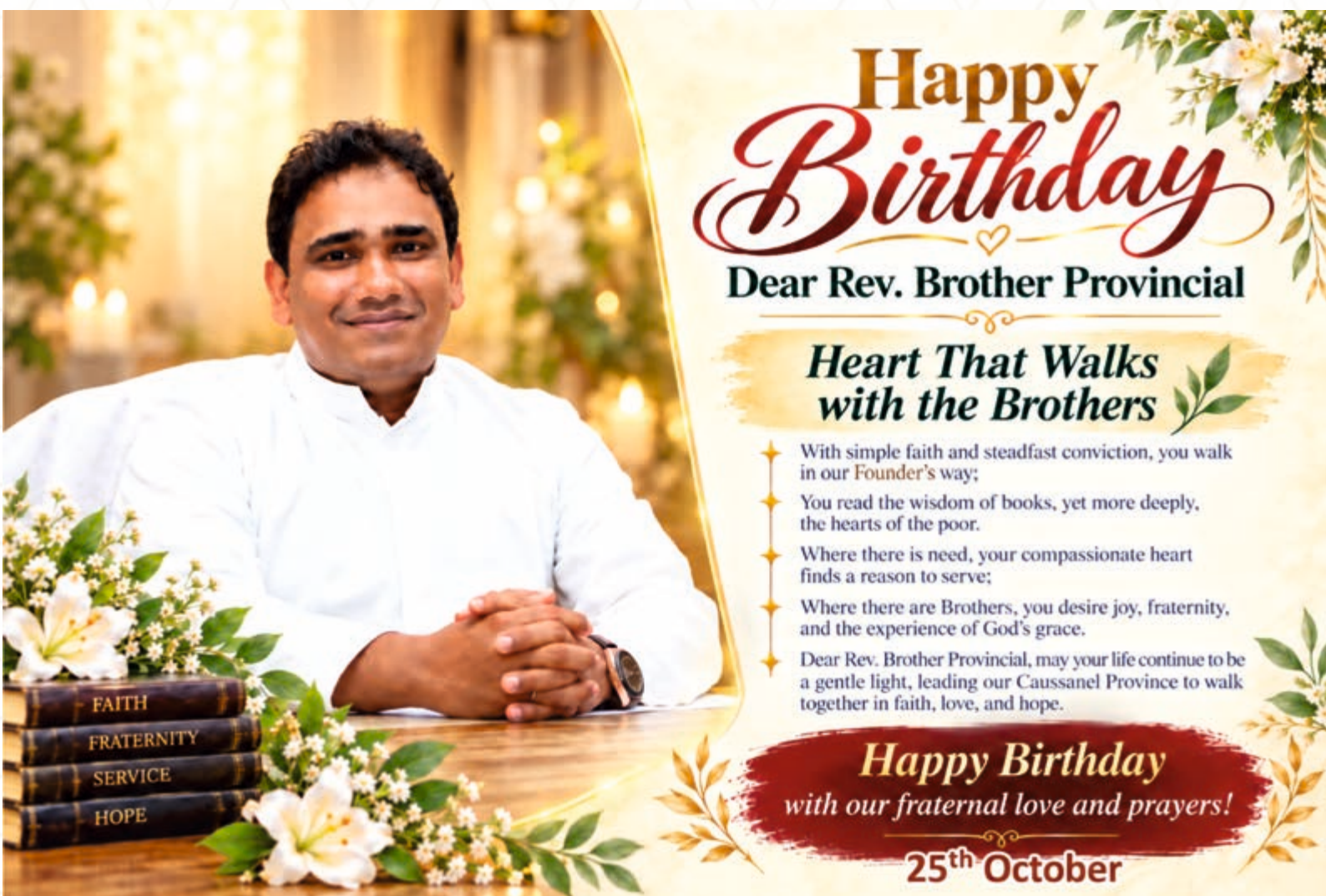
May our Province increasingly become a home of Brothers. Let us not wait for another Brother to change before beginning our own conversion. Let each of us make this personal commitment: **"I will strive to become the Brother that I hope others will be to me."** If I desire respect, let me respect; if I desire understanding, let me understand; if I desire encouragement, let me encourage; if I desire forgiveness, let me forgive; and if I desire Brotherhood, **let Brotherhood begin with me.**

May **St. Francis of Assisi** teach us simplicity, humility and the joy of fraternity. May **Our Lady of the Holy Rosary** lead us ever closer to her Son. May **Servant of God Fr. Adrian Caussanel** intercede for us. Above all, may the **Sacred Heart of Jesus** transform our hearts so that Brotherhood may not remain merely a name we carry, but become **a Gospel that others can see in the way we live.**

With prayerful affection, I wish each one of you a **grace-filled Brotherhood Day and a blessed month of October.** Let us walk together, pray together, support one another, forgive one another and continue to **become Brothers after the Heart of Jesus.**

I gently invite all the Brothers to remember in our prayers those who are celebrating their birthdays and feast days during this month. Let us also offer our heartfelt prayers for our dear Brothers who have entered into eternal joy in this month. May the Lord bless them abundantly and grant eternal rest to the departed.

United with you in the Sacred Heart of Jesus,
Br. A. Stephen Arockiasamy, SHJ
Provincial Superior, Caussanel Province



Education Commission – Causanel Province

Meet of Heads of Schools

Event Report



22nd September 2026
(Evening)



Apple Tree,
Tirunelveli



Participants
All the Headmasters and
Principals of Causanel
Province

The Education Commission, Causanel Province organised a meet for all the Headmasters and Principals in collaboration with Bal Raksha Bharat, BOSCH and Bosch India Foundation on 22nd September 2026 at Apple Ttree, Tirunelveli. All the Headmasters and Principals of Causanel Province took part in the meet. The team discussed the detailed plan for the EXCEL (Excellence in Education and Learning) Programme teacher training sessions, with a focus on integrating 21st century skills into Experiential Teaching Learning (ETL), to be conducted on 16, 17 and 23, 24 October 2026 was discussed. Mr. Vignesh Arumugam, the Programme Lead and team explained about the training programme for the teachers in a detailed manner. Rev. Br. Stephen Arockiasamy SHJ, the Provincial delivered the inaugural address. Br. Britto SHJ, the Educational Commission Co-ordinator felicitated the gathering. All the Headmasters, Principals and the officials of the Education Commission expressed their views and feedback and appreciated the meeting. The meet came to an end with a grand dinner.



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Annual Retreat 2026

The first batch of the Annual Retreat 2026, a spiritual refreshment for the Brothers of the Sacred Heart of Jesus, was held from 27th September to 2nd October 2026 at Valam Retreat Centre, Caussanel Provincialate, Suhalayam. Daily sessions were conducted, where various insights on our Congregation and its spiritual development were shared by our pioneer brothers Bro. I. Victor, Bro. D. Gaspar, Bro. A. Edward Francis, Bro. Augustin K. Raj, Bro. N. S. Jesudoss, and Bro. P. Jeyaraj. This retreat was a soulful journey in the Almighty through the love of the Sacred Heart of Jesus. It offered our brothers a valuable opportunity to strengthen their roots deeper in the core spirituality of the Sacred Heart family.

Vickramasingapuram



St. Mary's Hr. Sec. School, Vickramasingapuram celebrated the remarkable retirement of our esteemed Zoology Teacher, Mr. G. Edwin, M.Sc., M.Ed., P.G. Asst., on 19th September 2026. The function was held at 10:00 AM in our school premises to honour his 30 years of dedicated and invaluable service. The event was graced by Rev. Bro. A. Stephen Arockiasamy, The Provincial Superior as President, Bro. R. Joe Antony, Headmaster and other Chief Guests, Bro. M. Sengole, Correspondent Christhu Raja HSS, Palay. It was a heartfelt tribute to his inspiring journey and lasting impact on our institution. Finally, a grand feast was served, followed by a group photo session with faculties, family members, guests and students.



Thoothukudi

The newly established Hi-Tech Computer Lab was blessed and inaugurated. This state-of-the-art facility with modern systems and high-speed internet connectivity will enable our students to have easy access to computer education and modern technology, enhancing their digital literacy and equipping them for the competitive world.

HEARTIEST CONGRATULATIONS



Thoothukudi

The Caussanel Province is congratulating Mr. C. Mohan, B.T. Assistant (English) St. Mary's Boys Hr. Sec. School. Tuticorin. on being selected to receive the **BEST TEACHER AWARD** from the Department of School Education, Government of Tamilnadu. This prestigious award is a fitting recognition of his:- Unwavering dedication and sincere commitment to teaching- Exceptional proficiency and innovative methods in English language teaching- Tireless efforts in nurturing the academic and moral growth of our students- Inspiring mentorship and exemplary conduct as a role model- Valuable contribution to the overall progress of our institution. **We salute his hard work and wish him many more laurels in his noble vocation.**

Brotherhood: Where Are the Adjective and the Verb?



One day, an **Adjective** and a **Verb** came looking for **Brotherhood**.

The **Adjective** asked, "Brotherhood, shall I describe you as *loving, caring, humble, compassionate, forgiving, or faithful?*"

Brotherhood smiled and replied, "Thank you! But you need not work so hard. If a Brother lives authentically, *his life itself will describe me.*"

Then the **Verb** quickly stepped forward and said, "Fine! Then surely you need me. I can give you plenty of action: *serve, listen, accompany, forgive, encourage, share, care, and love!*"

Brotherhood laughed and said, "My dear Verb, you are certainly important! But when a Brother truly lives his vocation, *all those actions come naturally from his life.*"

The **Adjective** looked at the **Verb** and whispered, "It seems we may soon be unemployed!"

The **Verb** replied, "*Not unemployed—just embodied!*"

Brotherhood smiled and said, "Exactly! I do not want merely to be beautifully described or eloquently discussed. *I want to be lived.* When a Brother is compassionate, humble, faithful and available, his life becomes *my adjective*. When he serves, listens, forgives, encourages and loves, his actions become *my verb.*"

Then both the **Adjective** and the **Verb** asked, "So, who gives the best definition of Brotherhood?"

Brotherhood quietly answered:

"A Brother who truly lives as a Brother."

And perhaps that is the gentle challenge for each of us: **Brotherhood** needs no adjective when the quality of our life describes it, and it needs no verb when our fraternal actions give it life. Our authentic life becomes its adjective, and our loving service becomes its verb.

Happy Brotherhood Day, Brothers!

Br. A. Arulsamy SHJ

October

HAPPY BIRTHDAY

- 01 Br. V.S. Maria Pragasam
- 03 Br. R. Chaini Chakravarthy
- 04 Br. A. Michael
- 08 Br. V. Soosai Raj
- 10 Br. D. Irudaya Raj
- 10 Br. S. Lourdu Raj
- 16 Br. A. Arulsamy
- 17 Br. S. Jesuraj (Sengudi)
- 18 Br. M. Sengole
- 18 Br. T. Arul Raj
- 19 Br. D. Hari Babu
- 25 Br. A. Stephen Arockiasamy
- 30 Br. C. Sunil Benjamine
- 31 Br. S. Innaci Muthu
- 31 Br. K. Jeya Prakash



04 Br. A. David Francis

Departed



- 03 Br. M. Rajendran
- 03 Br. S. Arockianathan
- 07 Br. N. Irudaya Sathiyaraj
- 07 Br. D. Belevendran
- 09 Br. R.M. Stanislaus
- 09 Br. M. James
- 13 Br. I. Raphael
- 18 Br. E.M.J. Angelo
- 18 Br. D. Perianayagam
- 19 Br. S.M. Arulsamy
- 19 Br. A. Arul Pragasam
- 20 Br. K.K. Mark
- 23 Br. P. Maria Joseph
- 24 Br. D. Singarayan
- 25 Br. K. Siluvai Arulappan
- 26 Br. G. Francis Xavier

Obituary

Mr. Varghese Antony

Aged 81,
the uncle of our Bro. Albert Xaviour
Who rested in the Lord
on 26th September 2026.

May God in His eternal
mercy grant his souls
peace and rest.

Note:

**One-day Seminar for
Teaching & Non Teaching
Faculty**

Date: 10-10-2026, Time: 9.00 am.

**Place: Christhu Raja Higher
Secondary School, Palayamkottai**

Skill Based Training Programme for Our Teachers

16-17 and 23-24, October 2026

9.00 am

Apple Tree Hotel, Tirunelveli

Peace Prayer of Saint Francis



Lord, make me an instrument of your
peace:

where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so
much seek

to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to
eternal life.

Amen.

Note:



You are warmly invited to join us
for a joyful day of sports, unity,
brotherhood and celebration

to Caussanel Province e-mail ID on or before **25 of every month.**



CAUSSANEL PROVINCIALATE

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