



ADHIRIVALAI

அதர்வலை

கவுசானல் மாநில மாதச் செய்தி மடல்



“Jesus said to her, “I am the resurrection and the life. The one who believes in me will live, even though he dies; and whoever lives by believing in me will never die. Do you believe this?”” (Prov 3:5-6)

**Dear Brothers,
Prayerful Greetings to you all in the sweet and most precious name of the Most Sacred Heart of Jesus!**

Month of November is to think and act on our faith. All saints. Day and the Commemoration of the All the Faithful Departed (All Souls' Day). The Church, after celebrating the feast of All Saints, prays for all who, in the purifying suffering of Purgatory, await the day they will join heavenly glory. The celebration of the Mass, which represents the Sacrifice of Christ on Calvary, has always been the principal means by which the Church fulfils the great responsibility of charity toward the dead. Death cannot break the bonds of the Body of Christ.

"All who die in God's grace and friendship, but still imperfectly purified, are indeed assured of their eternal salvation; but after death they undergo purification, so as to achieve the holiness necessary to enter the joy of heaven. "The Church gives the name Purgatory to this final purification of the elect, which is entirely different from the punishment of the damned" (CCC1030-1031).

Even when November 2 falls on a Sunday, the Mass celebrated is that from the Commemoration of All the Faithful Departed. On this day, any Priest may celebrate three Masses. We pray for the Faithful Departed especially during the "octave" of All Souls, from November 1st to the 8th. The Church, after rejoicing yesterday with those of her children who have entered the glory of heaven, prays for all those who, in the purifying suffering of Purgatory await the day when they will be joined to the company of saints. At no place in the liturgy is stated in more striking fashion the mysterious union between the Church triumphant, the Church militant and the Church suffering; at no time is there

accomplished in clearer fashion the twofold duty of charity and justice deriving for every Christian from the fact of his incorporation in the mystical Body of Christ. By virtue of the consoling doctrine of the communion of saints the merits and prayers of each one are able to help all; and the Church is able to join her prayer with that of the saints in heaven and supply what is wanting to the souls in Purgatory by means of the Mass, indulgences and the alms and sacrifices of her children.

The celebration of Mass, the sacrifice of Calvary continued on our altars, has ever been for the Church the principal means of fulfilling towards the dead the great commandment of charity. Masses for the dead are found in the fifth century. But it was St. Odilo, fourth abbot of Cluny, who was responsible for the institution of the general commemoration of all the faithful departed; he instituted it and fixed its celebration on November 2, the day after All Saints. The practice spread to the rest of Christendom.

Daily in a special Memento in the Canon of the Mass, at which the priest remembers all those who have fallen asleep in the Lord, the priest implores God to grant them a place of happiness, light and peace. Thus there is no Mass in which the Church does not pray for the faithful departed; but Month of November her thoughts are directed towards them in a particular fashion, with the maternal preoccupation of leaving no soul in Purgatory without spiritual aid and of grouping them all together in her intercession. By a privilege that Benedict XV's decree has extended to the whole world every priest can today celebrate three Masses; for the liberation of the souls in Purgatory the Church multiplies the offering of the sacrifice of Christ, from which she draws forever on behalf of all her children, infinite fruits of redemption.

As a religious institute, we have faith in God and we have the responsibility to pray for the souls of the departed

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Provincial's Programme November 2024

- 01 ALL SAINTS DAY
- 02 CAUSSANEL PURAM
All Souls Day
- 05 PROVINCIALATE
Province Consult
- 07 BANGALORE
Marriage Function
- 09 KOTTAYAM
- 12-15 CHENNAI
- 22-23 NAGARKOIL
- 25-30 PROVINCIALATE

Important Days / Events

- 01 ALL SAINTS DAY
- 02 ALL SOULS DAY
- 13 ST. STANISLAUS KOSTKA
- 24 CHRIST THE KING
- 21 PRESENTATION OF
BLESSED VIRGIN MARY

THE POPE'S Monthly Prayer Intention FOR THOSE WHO HAVE LOST A CHILD

Let us pray that all parents who mourn the loss of a son or daughter find support in their community, and may receive peace of heart from the Spirit of Consolation.

“Thought of the month
Think of yourself as dead. You have lived your life. No, take what's left and live it properly.
- Marcus”



Brothers, who have worked very hard and promoted the kingdom of god. They have established the foundation to grow and develop the intuitions. Today we are able to live and do the ministry in different levels, its all because of their sacrifice. So, I request you dear brothers, to celebrate mass for our departed brothers in our communities in this special month of the dead.

I am also happy to wish the new administration team members. Let God be with them and provide wisdom to discern what direction God wants our institute to move on ...

ALL THE BEST BROTHERS.

Let us wish and appreciate all the Brothers who are celebrating their Birthdays and Feast days in this month.

I also request you to remember in your daily prayers all the Brothers who had rested in the Lord in this month.

Bro. A. Stephen Arockiasamy, SHJ
Provincial Superior



Dear Brothers,

Let us extend a warm welcome to our new General Team! We wish them wisdom, guidance, and success in their leadership.

At the same time, we express our heartfelt gratitude to the outgoing General Team for their tireless efforts, dedication, and commitment to our congregation.

May our new leaders build upon the foundations laid and take our congregation to greater heights.

Thank you, outgoing team! Best wishes, new team! May God bless our congregation!"

- Bro. Secretary



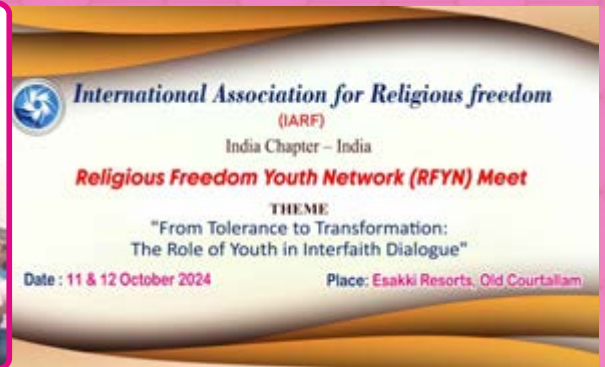
Provincialate

Brotherhood Day Celebration

06th October we celebrated Brotherhood Day at Caussanel Provincialate, Irudayakulam. The event began with a prayer, followed by an oath and procession. Br. Britto, the Province Secretary, welcomed everyone, and Rev. Br. Stephen Arockiasamy delivered the Provincial address. Rev. Br. Thomas Selvam SG, Principal of Montfort School in Ooty, provided valuable insights on management. The celebration concluded with a Mass led by Rev. Fr. Antony, VF of Kallidaikurichy, and a vote of thanks from Rev. Br. Lawrence, the Vice Provincial.



IARF Youth Seminar



On October 11th, we kicked off a two-day IARF Youth Seminar (RFYN) at Courtallam, attended by 64 students from St. Ignatius B.Ed College, St. Xavier's College, Sadakathullah Appa College, Christian College, Chennai, Arputha College, Vamban and Chrithuraja School. The seminar commenced with an inaugural ceremony presided over by Mr. Rangapatchiyam, President of IARF India Chapter. Special guests included Mr. Nagasankaran, DSP of Thenkasi, and Rev. Br. Stephen Arockiasamy, Provincial of the Caussanel province of the Brothers of the Sacred Heart.

Other notable attendees were Mr. Kingsly, IARF IC member, Dr. Premachanthiran, Mr. Subramaniya Raja, Br. M.D. Sebastian, Mr. A.M. Chithir, Sr. Teslin, Miss Saaliha, Br. Joseph Lazer and Br. Alex Ravi. Mrs. Indhra, a professor at Ignatius B.Ed College and Br. John Peter, Superior of St. Michael institutions served as the resource persons for the seminar.

Br. Britto, the General Secretary of IARF India Chapter, delivered an engaging introductory talk, setting the stage for the seminar's objectives and themes. Following this, Br. Lourdu Kulandai led an ice-breaking session filled with games designed to foster camaraderie and encourage participants to connect with one another. The day's activities concluded with a visit to the waterfalls, followed by dinner and a campfire, marking a successful first day of the event.

- Br. Britto SHJ,
General Secretary - IARF India Chapter



On October 18, 2024, the Forest Department of Idukki's Kanthalloor division held a competition on the theme **"If There Is No Forest, No World."** Students from Sacred Heart High School in Kanthalloor achieved remarkable success, winning the first, second, and third prizes. This outstanding performance highlights the students' awareness of environmental issues and the importance of forests in sustaining our planet.



On October 26, 2024, Sacred Heart High School in Kanthalloor hosted an inter-school sports competition, sponsored by the MS Swaminathan Foundation. Our students excelled, bringing home numerous prizes and showcasing their talent and teamwork. It was a day filled with enthusiasm and sportsmanship!

Provincial's Birthday Celebration

On 29th October, we joyfully celebrated the birthday of our beloved Provincial at Caussanel Provincialate. The gathering was attended by a large number of brothers, sisters, and fathers. The celebration concluded with a festive dinner, marking a memorable evening of fellowship and joy.



November

HAPPY BIRTHDAY

- 08 Bro. S. Arockianathan
- 11 Bro. D. Gaspar
- 21 Bro. A. Britto
- 28 Bro. A. James Antony



- 01 Bro. K. Chinna Moses
- 01 Bro. Praveen
- 01 Bro. Dharendra Kumar
- 14 Bro. M. Albert
- 20 Bro. C.M. Felix
- 24 Bro. S. Jesuraj
- 24 Bro. M. Sengole
- 24 Bro. S. Jesuraj @ Jesan
- 24 Bro. U. Jesuraja
- 24 Bro. A. Jegadish
- 24 Bro. R. Chaini Chakravarthy
- 24 Bro. A. Solomon Raja
- 24 Bro. A. Christhu Raj
- 30 Bro. M. Paul Androse



- 03 Bro. G. Maria Rethinam
- 04 Bro. M. Royappan
- 14 Bro. S. Joseph Raj
- 16 Bro. M. Vincent
- 17 Bro. V. Joseph Xavier
- 25 Bro. A. Thomas
- 26 Bro. R. Kanikkairaj
- 26 Bro. K. S. Dhavamani
- 27 Bro. A. Arputham
- 28 Bro. S. Xavier



All Saints' Day

1st November

Dear holy saints of God, we join our prayers of praise to yours this day.

With you, we sing of God's goodness, rejoice in God's mercy and celebrate God's incredible love.

Teach us to live as you lived - always thinking of others, always recognizing our weaknesses, always rejoicing in God's gifts, always closely following Jesus. Blessed are you, happy are you, all you holy saints of God. Pray for us that we, too, may someday be among God's Holy Ones.

- Amen.

Health Tips For A Safe & Healthy Monsoon

DIETARY TIPS



1 Drink boiled and filtered water whenever and wherever possible. Drink water within 24 hours of boiling it.



2 Soak fruits and vegetables in warm water added with salt and turmeric for 20 mins, then wash them thoroughly with clean water before cooking.



3 Eat a healthy and balanced diet.



4 Eat cooked food, avoid eating raw food (E.g., Raw vegetables for salad).



5 Avoid eating deep-fried food or high-calorie food.



6 Reduce the amount of food that is difficult to digest (E.g. Non-vegetarian food like meat or fish, processed food, etc.)



7 Drink a sufficient amount of water.



8 Avoid drinking water outside; buy packaged water or carry your water bottle containing boiled or purified water.



9 Avoid eating street food



10 Avoid eating food in the open.

to Caussanel Province e-mail ID on or before 25 of every month.



CAUSSANEL PROVINCIALATE

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Amen.