



# ADHIRIVALAI

# அதர்வலை

கவுசானல் மாநில மாதச் செய்தி மடல்



*"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future". This verse affirms that God is in control and has good plans for us".*  
(Jeremiah 29:11)

**Dear Brothers,**  
**Prayerful Greetings to you all in the sweet and most precious name of the Most Sacred Heart of Jesus!**

In the always-online era of 24/7 news coverage, it seems that every media outlet competes to see which can most incessantly barrage people with reasons to be afraid. Almost every headline is framed in terms of an impending catastrophe or imminent "crisis"—the debt crisis, the border crisis, the climate crisis, the education crisis, the housing crisis. Make no mistake, these are indeed critical issues for our national life and for global security. As responsible citizens, it's our duty to remain informed. But the constant environment of fear encouraged by politicians, journalists, and internet influencers is having a corrosive effect on the emotional and spiritual lives of millions.

Recently, we have seen and terrified USA election, Russia and Ukraine war, Israel and Palestine internal war, Syria administration has fallen down ....etc. All above mentioned is giving us a kind of fear and hopelessness in today's environment. Whether we are the part of the action or not, an unknowing fear has with in the heart and mind. It makes our human nature to transform from best to worst. We've become a society demoralized by a ceaseless state of desperation and anxiety driven by media advertisers and online algorithms. And for what purpose? To keep us fearful and suspicious of our neighbours and fellow citizens? In a recent social media post Pope Francis decried this untenable situation and proposed a remedy-Christian hope: **Today our world is experiencing a tragic 'famine' of hope. So much pain, emptiness, and inconsolable grief surrounds us! May we become messengers of the consolation bestowed by the Spirit. When we radiate hope, the Lord opens**

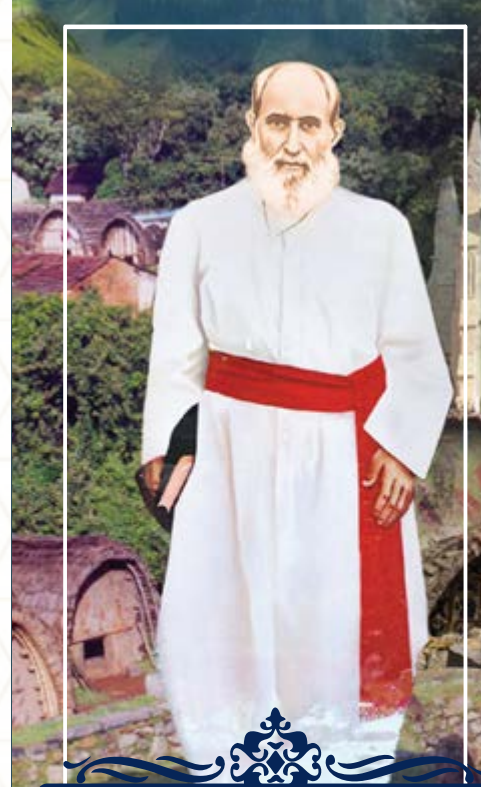
**new paths along our journey. "Let us fill our lives with the gift of hope that God gives us, and through us, let us allow it to reach everyone who is looking for it."**

The Holy Father further developed this theme in a video for the Pope's Worldwide Prayer Network. Pope Francis called on Christians to "help each other discover this encounter with Christ who gives us life, and let's set out on a journey as pilgrims of hope to celebrate that life. . . . Day by day, let us fill our lives with the gift of hope that God gives us, and through us, let us allow it to reach everyone who is looking for it." How can we become "pilgrims of hope" this New Year 2025?

The familiar figures of the Gospel infancy narratives can serve as the perfect models for us. After responding to the message of the archangel Gabriel with her glorious fiat, Mary immediately "set out in haste" (Luke 1:39) to visit her cousin Elizabeth, bringing with her a message of hope that burst forth in her immortal song of praise to God, called the Magnificat (Luke 1:46-55). The shepherds of Bethlehem also became pilgrims of hope. After the startling revelation of the angel host that the long-awaited Messiah had that very night been born in their own city, they rushed off to adore the infant saviour. The magi from the East became pilgrims of hope, returning to their distant land transformed by their encounter with the child of promise, the King of kings and God incarnate, who brings hope to "those who sit in darkness" (Matt. 4:16).

We cannot become true pilgrims of hope until we also allow our encounter with Jesus Christ to transform our hearts. Do our souls "magnify the Lord" as Mary sang? Do we proclaim the good news that the kingdom of heaven is at hand (Matt. 3:2)? Or do we spread the anxiety, fear, and despair that we imbibe from the cable news networks and from the internet?

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**94<sup>th</sup> Death Anniversary of our Founder**  
Simplicity and Humility are the virtues of Holiness.  
Servant of God  
**Rev. Fr. Adrian Caussanel SJ.**

## Important Days / Events

- 01 - HAPPY NEW YEAR
- 15 - PONGAL FESTIVAL
- 25 - FOUNDERS DEATH ANNIVERSARY

## THE POPE'S Monthly Prayer Intention FOR THE RIGHT TO AN EDUCATION

Let us pray for migrants, refugees and those affected by war, that their right to an education, which is necessary to build a better world, might always be respected.

## Thought of the month

The successful man will profit from his mistakes and try again in a different way

- Dale Carnegie



Epiphany is one of the favourite feast days because of all the amazing ways that people celebrate it. Some of us will welcome the arrival of the three kings with presents. Others will chalk their doorway; some will go to church for candles to be blessed. Some households will remove their Christmas decorations. There are so many ways to celebrate Epiphany—it is sort of a magical moment around the world where people note not only the shift in the seasons but an important moment in our liturgical year. It's a moment to give thanks for what was and what will be. Epiphany marks a transitional moment in the story of our faith as a new year begins to unfold.

It's easy to forget about Epiphany for those of us from places where it is not a massive celebration, since it often falls in the middle of the week, in the midst of work and school and life business but I think this is why it is so very important to take notice of it. Epiphany is a reminder of the gifts of faith and hope that the world is becoming something new and different. It is a reminder that God is always inviting us to notice what is happening around us, in our dreams, in the sky, in our communities, and in our families. Epiphany is about a whole lot of folks noticing things—from the wise men noticing a star, paying attention to their dreams and bringing totally inappropriate gifts for a baby Jesus', family and community noticing that things weren't at all what they expected, either. There's a lot happening in this community, a lot to notice and potentially overlook. It's clear, however, that our job is to notice and receive the gifts of Epiphany. Many of the celebrations around the world help us remember to notice and receive.

This Epiphany I hope you will find ways to notice what God is doing in the world around you and receive the gifts that the Holy Spirit is bringing. For many of us, a New Year means hopefulness, found in resolutions or in the change in calendar and the thought that maybe this year will be better than the last. The days are slowly starting to have more daylight in the Northern Hemisphere, which for many of us is a welcome sign that spring will come again. For others this break in time between the celebration of Christmas and the reflection of Lent is a welcome exhalation on the liturgical calendar and a beautiful reminder to notice transitions and rest. Whatever the beginning of 2025 means to you, or however you celebrate Epiphany in your home, I hope you will take a moment to notice the gifts the Holy Spirit has sent you, either in the friends and family you surround yourself with, or in the people whose names you do not know but who make your life easier and give thanks for all these things. Mostly, I hope you will give thanks for the year that was and the gifts the New Year might bring us.

Wishing you all Bright and  
Prosperous New Year

Let us wish and appreciate all the brothers who are celebrating their Natal day and feast day in this month. May I appeal every one of you to remember and offer mass for our brothers who had rested in the Lord.

**Br. A. Stephen Arockiasamy, SHJ**  
*Provincial Superior*

# Provincialate



**On December 14<sup>th</sup>**, a monthly recollection and Christmas celebration took place at the Provincialate. Br. Britto, the province secretary, warmly welcomed the attendees. Rev. Br. Provincial delivered a thoughtful Christmas message, followed by an insightful talk from Fr. Dominic SMA, who enlightened the gathering. Br. Lawrence, the vice-provincial, expressed gratitude to everyone involved. The event concluded with a festive lunch, creating a joyful and reflective atmosphere for all present.



On December 21, 2024, the Friends of the Heart Movement hosted a Christmas Day celebration at the Provincialate, Suhalayam, to commemorate the birth of Christ. This annual event saw the participation of 150 beneficiaries who were each given gifts during the distribution ceremony. The event was presided over by Rev. Br. Stephen Arockiasamy, the Provincial Superior, who delivered the Christmas message. Other notable attendees included Br. Simin Royer, Br. Rajan, Br. Lazar, Br. Kulandai, Br. Raphael Alex, and Mr. Sikamani, President of the Friends of the Heart Movement. Br. Rajan expressed gratitude to several individuals-Mr. Arulanandam, Mrs. Catherine, Mrs. Pathirisiya, Mrs. Albert Pushpa, Mr.Selvam, and Mr. Ashirvatham - whose contributions helped ensure the success of the function.



## FSH Meeting

The Friends of the Sacred Heart movement (FSH) meeting took place on December 1<sup>st</sup> at Shanthinagar, Palayamkottai. The Christmas celebration was organized and sponsored by Mr. Charles, the coordinator of FSH Palayamkottai. Approximately 200 people attended, and 15 brothers participated in the meeting. The event began with a prayer service conducted by Br. Jesuraj. Br.M.D.Sebastian led the function, alongside Br. Lawrence and Br. Britto, who delivered the Christmas message. Several brothers were present, including Br. Chacko, Br. Irudayam, Br. Michaelraj, Br. Kannis Peter, Br. Irudayaraj, Br. Irudayam Fernadas and Br.Christober. Br. Selvaraj served as the master of ceremonies. Students and teachers from St. Joseph's School, Naranamalpuram, performed cultural events. Additionally, gifts were distributed to the poor by Mr. Charles' family.



## Palayamkottai



The Diamond Jubilee Memorial Walkway at Christuraja Higher Secondary School in Palayamkottai was inaugurated and dedicated for use by Very Rev. Br. A. Victordass, the Superior General, and Very Rev. Br. Stephen Arockiasamy, the Provincial Superior in the presence of Br. Britto, the correspondent and Br. Kannis Peter, the Headmaster. This walkway serves as a tribute to the school's 60th anniversary, marking a significant milestone in its history and legacy. The event was a notable occasion for both the school and the community, celebrating the achievements and contributions of the institution.



## Panagudi



The Annual Sports Meet 2024 took place on December 6<sup>th</sup>, 2024, with Very Rev. Br. A. Victordass serving as the President of the event. The sports meet was made even more spectacular by the outstanding performances of the students, which included a variety of theme-based drills, a Mass Aerobic Dance, an astonishing pyramid formation, as well as Karate, Yoga, Skating, and Silambam displays. Parents also participated in innovative and entertaining games, adding to the fun and excitement. The final sports events featured competitive races such as Relay, 200 meters, 400 meters, and 800 meters for both boys and girls, along with adventurous games. Eye-catching medals, shields, and certificates were awarded to the winners. Over 1000 spectators attended the event, making it a grand success.

# Christmas Day Celebration



**Kurichy**



**Irudayakulam**





Christhu Jyothi

Singampatti



Thoothukudi



Panagudi



# /// Panagudi ///



# /// Vickramasingapuram ///



# January

## HAPPY BIRTHDAY

- 01 Bro. K.P. Arul Joseph
- 01 Bro. A. Christhura
- 24 Bro. T. Praveen
- 25 Bro. V. Raphael Alex



## Happy Feast

- 05 Bro. D. Gasper
- 20 Bro. M.D. Sebastian
- 25 Bro. D. Hari Babu



- 01 Bro. A. Visuwasam
- 07 Bro. J. Alexis
- 08 Bro. A. David
- 14 Bro. P.M. Asirvatham
- 15 Bro. S.M. Gabriel
- 15 Bro. S. Adrian Arockiasamy
- 17 Bro. Savarimuthu
- 20 Bro. G. Swaminathan
- 20 Bro. M. Arulanandam
- 20 Bro. S. Siluvaunathan
- 23 Bro. L. Savarimuthu
- 25 Bro. M. Marianus Peter
- 25 Bro. T.P. Francis Thatchil
- 26 Bro. A. Alangaram
- 30 Bro. M. Arulappan

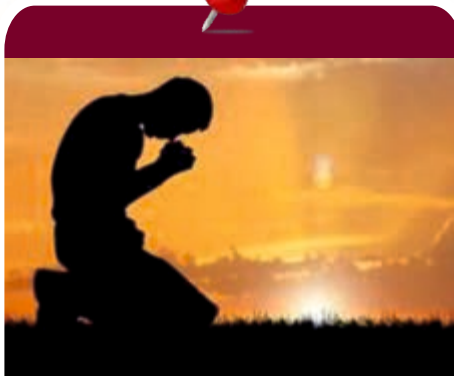
## Obituary

**Mrs. Vedamanikam,**  
Aged 78,  
Mother of Bro. A. Britto  
rested in the Lord  
on 04<sup>th</sup> December 2024.

**Mr. A. Arockiasamy,**  
Aged 93,  
Father of Bro. Jegadish Aronathar  
rested in the Lord  
on 28<sup>th</sup> December 2024.

May God in His eternal  
mercy grant their souls  
peace and rest.

# RETREAT



### Note

## Annual Retreat

Date

January 14<sup>th</sup> to 19<sup>th</sup> 2025

Venue

**Valam Retreat Center**  
*Suhalayam, Irudayakulam.*

Brothers those who have given  
names are requested to take part.

# 2025

## HAPPY NEW YEAR



## New Year Prayer

O sacred and adorable Trinity, hear our prayers on behalf of our holy Father the Pope, our Bishops, our clergy, and for all that are in authority over us. Bless, we beseech Thee, during the coming year, the whole Catholic Church; convert heretics and unbelievers; soften the hearts of sinners so that they may return to Thy friendship; give prosperity to our country and peace among the nations of the world; pour down Thy blessings upon our friends, relatives, and acquaintances, and upon our enemies, if we have any; assist the poor and the sick; have pity on the souls of those whom this year has taken from us; and do Thou be merciful to those who during the coming year will be summoned before Thy judgment seat. May all our actions be preceded by Thy inspirations and carried on by Thy assistance, so that all our prayers and works, having been begun in Thee, may likewise be ended through Thee. Amen.

to Caussanel Province e-mail ID on or before **25 of every month.**



### CAUSSANEL PROVINCIALATE

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Amen.