



அதர்வலை

ADHIRIVALAI
கவுசானல் மாநில மாதச் செய்தி மடல்

ஏப்ரல் 2026 | வலை 09 | பின்னல் 04

"The angel announces Jesus has risen just as he promised" (Mathew 28:5-6)

**Dear Brothers,
Prayerful Greetings
to you all in the
sweet and most
precious name of
the Most Sacred
Heart of**

With hearts filled with joy and hope, I greet

each one of you as we enter into this blessed Easter season. May the peace of Christ, who has conquered sin and death, dwell in our hearts and in our communities.

A Call to New Life

"I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die." (John 11:25-26)

With these powerful words of Jesus, we enter into the joy of Easter. After our Lenten journey, we are invited to experience not just a season, but a transformation of life. Lent and Holy Week call us to a deep change of heart. This change is not only in our external practices, but in our inner life. The Lord invites us to return to Him with sincerity, humility, and love.

Journey of Conversion

During Lent, we have tried to grow through prayer, fasting, and charity. We have learned to fast not only from food, but also from anger, selfishness, and hurtful words. We have made small sacrifices and accepted difficulties with patience. In doing so, we open our hearts to God and to others. This journey of conversion helps us to become more faithful in our vocation and more loving in our relationships.

During Holy Week, we walk with Jesus in His suffering. At the same time, we are reminded of the many people in our world who suffer today. As Holy Father Leo said, we cannot forget those who are wounded by war, poverty, and injustice. Their suffering calls our conscience. Therefore, we are invited to pray to the Prince of Peace, asking Him to bring healing, reconciliation, and peace to the world.

Spirituality of the Sacred Heart

As Brothers of the Sacred Heart, our life is centered on love and compassion. The Heart of Jesus teaches us to care deeply, to forgive freely, and to serve generously. Our Founder, Servant of God Adrian Caussanel, showed us this path through his simple and dedicated life among the poor. The pioneering Brothers followed this spirit with courage and commitment. Today, we are called to live the same charism with renewed zeal, especially in serving the poor, the vulnerable, and the marginalized.

Meaning of Holy Week

Holy Week is the heart of our spiritual journey. We walk with Jesus in His suffering and death. The Cross teaches us humility, obedience, and sacrifice. It reminds us that true love always gives itself for others. At the same time, the Resurrection assures us that suffering is not the end. As St. John Paul II reminded us, the Cross leads to life. Pope Benedict XVI teaches that the love of Christ gives meaning to our suffering. Therefore, we carry our crosses with faith and hope.

Living with Discernment Today

In our present situation, especially during election time in Tamilnadu, we are called to act with discernment and responsibility. As religious Brothers, we are not part of political divisions, but we stand firmly for Gospel values. We promote truth, justice, peace, and respect for human dignity. Through our prayer and example, we guide people to make wise and responsible decisions for the good of society.

Joy of the Resurrection

Easter is the celebration of hope and new life. We sing Alleluia with joy because Christ is risen. But our Alleluia must be lived. We are called to believe in the Resurrection, to proclaim it with courage, and to witness it in our daily life. As Pope Francis reminded us, Easter calls us to bring hope even in difficult situations and to become signs of light where there is darkness.

A Renewed Commitment

Provincial's Programme April 2026

- 02-05 PROVINCIALATE**
Holy Week
- 06 MUTHUPETTAI**
College Day
- 08 PALAYAMKOTTAI**
General Council
- 10 PANAGUDI**
Annual Day – SHPS, CBSE
- 11-12 DINDIGUL**
- 14 SUHALAYAM**
Contact Visit
- 15 NARANAMMALPURAM**
Contact Visit
- 17 TIRUVANDURM**
Contact Visit
- 18 CAUSSANEL PURAM**
Contact Visit
- 19 IRUDAYAKULAM**
Contact Visit
- 30 PALAYAMKOTTAI**
Jubilee Celebration



THE POPE'S Monthly Prayer Intention

FOR THE USE OF THE NEW TECHNOLOGIES

Let us pray that the use of the new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times.

Thought of the month

Courage doesn't always roar; sometimes courage is the quiet voice at the end of the day saying, 'I will try again tomorrow'



Dear Brothers, this holy season invites us to renew our life with determination and discernment. Let us be faithful in our responsibilities. Let us deepen our love for one another. Let us serve the poor with compassion. Let us build unity in our communities. Let our lives reflect the joy and hope of the Risen Lord.

Conclusion

We believe in the Risen Christ, and now we are called to proclaim this faith through our lives. May this Easter renew our hearts, strengthen our vocation, and guide us to live our mission with greater commitment and love.

I gently invite all the Brothers to remember in our prayers those who are celebrating their birthdays and feast days during this month. Let us also offer our heartfelt prayers for our dear Brothers who have entered into eternal joy in this month. May the Lord bless them abundantly and grant eternal rest to the departed.

May the Risen Lord Jesus bring peace and joy to our hearts forever.

Alleluia! Christ is Risen!

Fraternally in Christ,
Br. A. Stephen Arockiasamy, SHJ
 Provincial Superior

Provincialate



On the 3rd of March, Rev.Br.Stephen Arockiasamy Provincial, Br.Britto (Secretary), and Br.A.Joe Arulraj (Councillor) met the Bishop of the Kuzhithurai Diocese. The Bishop warmly welcomed them with fraternal care. During the meeting, several matters concerning our ministry and future plans were discussed, especially those that could be implemented in the Diocese of Kuzhithurai in collaboration with the Caussanel Province. Rev. Br. Provincial clearly explained the expectations regarding the ministry. The Bishop offered encouragement and valuable guidance for our mission.

Vickramasingapuram



The kindergarten Graduation Day ceremony was held on March 7th at the St. Mary's Matriculation School. The tiny graduates dressed in adorable graduation caps and gowns, looked confident and excited. The program began with the lighting of the ceremonial lamp followed by a prayer song. Br. Inigo the administrator delivered welcome address who appreciated the efforts of the students, teachers and Parents. The kids impressed everyone with their yoga poses, nailed the abacus calculations, charmed everyone with cute rhymes, storytelling and rocked the stage with their energetic dance performance.

Our kindergarten Graduation ceremony was graced by president Rev.Br. A. Stephen Arockiasamy, Provincial Superior of Caussanel Province, delivered a thought- provoking presidential address. We were honored to have Rev.Br.J. Raymond, the General Education Commission Coordinator, as our Chief Guest.

The guests of honor included Rev. Br.Sunil, the correspondent of St. Mary's Institutions. Dr. Michael Senraj M.B.B.S, M.S, the Asst. Professor in Tirunelveli medical college. Mr.S.Jeyakumar, the Teacher Educator, Mr.S. Veluchamy, the Former Principal of St. Mary's Matriculation School and Mr. Manikandan. Mrs.Jothi Nirmala, the principal expresses gratitude to chief guests, teachers, staff, students and parents for their contribution to the event's success. The event concluded with the national anthem.



Christhu Jyothi

On 27th March, a science exhibition was organized at Christhujothi Primary School, Caussanelpuram. The program was conducted successfully under the leadership of the Correspondent Brother, who guided the event very well.

Special Retreat for Sacred Heart Friends (FSH) – Irudhayakulam



On the occasion of the Golden Jubilee Year of the Sacred Heart Friends, a one-day special retreat was conducted on Saturday, 21st March 2026, at the chapel of the Jesuit Fathers in Irudhayakulam where our congregation was founded. The event was held in a deeply prayerful and spiritually enriching atmosphere. The retreat included meditation sessions, the Way of the Cross, the Sacrament of Reconciliation, and concluded with the Eucharistic Adoration and Benediction, all conducted in a solemn and meaningful manner. The retreat reflections were delivered by the Corlian Fathers, who offered profound spiritual insights. The Sacrament of Reconciliation was administered by the Capuchin Fathers. Special appreciation is extended to Rev. Br. Sunil Benjamine, General Councillor for his valuable contribution. The entire program was organized by Br. A. Arulsamy. The programme concluded joyfully with a fellowship meal. Heartfelt thanks and congratulations are extended to all 190 Sacred Heart Friends who actively participated in the retreat and received spiritual blessings.

FSH Golden Jubilee Preparation: Ten-Day Eucharistic Adoration at Suhalayam (22–31 March 2026)



A ten-day Eucharistic Adoration was organized at Suhalayam for the members of the Friends of the Sacred Heart (FSH) as part of the spiritual preparation for the Golden Jubilee of the FSH Movement. Ten-day adoration brought spiritual renewal and strengthened the faith of all who participated.

NMMS EXAM ACHIEVERS

Heartfelt congratulations to the Correspondents, Headmasters and teachers who worked tirelessly to train, guide, and prepare the students to excel in the NMMS examination, thereby enabling them to secure educational scholarships.



St. Mary's Hr.Sec.School

Vickramasingapuram



Sacred Heart Hr.Sec.School

Panagudi

St.Mary's Boys Hr.Sec.School

Thoothukudi

Christhu Raja Hr.Sec.School

Palayamkottai

April

HAPPY BIRTHDAY

- 06 Br. P. Simon Rayer
- 15 Br. U. Jesuraja
- 22 Br. C.M. Felix



Happy Feast

- 05 Br. A. Victordass
- 05 Br. S. Jeyaseelan
- 05 Br. A. Sahaya Jeyakumar
- 05 Br. C. Sunil Benjamine
- 05 Br. K. Jeya Prakash
- 05 Br. C. Jeyakumar
- 21 Br. M.V. Cherian Manikathan



Departed

- 01 Br. P.M. Sargunam
- 02 Br. I. Arulappan
- 07 Br. A. William Jesuraj
- 08 Br. A. Ignatius
- 09 Br. S. Xavier Jeba Rex
- 09 Br. G.S. Gnanamoney
- 10 Br. S. Adrian
- 14 Br. R. Visuvasam
- 15 Br. V. Job Vadapuram
- 22 Br. A. Basil
- 23 Br. S. Arulraj
- 24 Br. J. Jacob
- 25 Br. S. Tharcis
- 28 Br. S. Lourdusamy
- 29 Br. D.Sosai Gaspar



Empty Tomb in a Restless World

Before the sunrise calms the sky,
The world still asks a hurting "why?"
There are wars in many lands,
And power held in shaking hands.
Nations rise and nations fall,
People wait and leaders call,
"Who will win and take the place?"
Yet pain is seen on every face.

Minds grow sharp with shining light,
Machines become so strong and bright,
But hearts feel empty, cold, alone,
Even in crowds, no love is known.
Families break without a sound,
Truth is lost, not easily found,
Some have more than they can use,
Many have so much to lose.

The earth itself is crying too,
The sky, the sea, no longer new,
Winds grow wild, the seasons change,
Nature feels so hurt and strange.
Anger grows from word to word,
Peace is rarely seen or heard,
Homes and streets and nations fight,
Day by day and night by night.

Into this world of fear and pain,
A silent hope begins again
A tomb stands open in the light,
Breaking through the darkest night.
No loud sound, no grand display,
Just a stone rolled far away,
Death is beaten, hope is born,
Christ has risen on this morn.

The empty tomb now softly says,
"Love will win in all your days.
Death is strong, but not the end,
Life will rise again, my friend."
In every wound, in every scar,
New life begins just where we are;
Christ is risen, here and now
Hope lives in every heart somehow.

-Br. A. Arulsamy SHJ.,

Easter Prayer



Lord Jesus, we thank You for the profound gift that Your Death and Resurrection are for us. We ask You to bless us and be with us as we seek to grow closer to You, Our Saviour.

Your Resurrection from the dead is the most joyous occasion the world has ever known. We can never fully appreciate the greatness of Your Resurrection, but You can help us come to a deeper understanding and to a holy joy grounded in Your triumph over sin.

Please help all people to grow in appreciation for the gift of Your Resurrection, and we particularly ask You today to help us grow in holy joy!

Help us to be Your servants at all times in our lives. Help us to grow in devotion to You each day, at every opportunity.

And I especially ask in this prayer (mention your intentions here).

Lord, hear our prayers!

In the name of the Father, and of the Son, and of the Holy Spirit. *Amen.*

Obituary

Mr. Arul Madhu

Aged 60,
brother in law of Br. A. Joseph Sundaraj
Who rested in the Lord
on 25th March 2026.

Mr. S. Arockiam

Aged 83,
elder brother of Br. S. Lourduraj
rested in the Lord
on 30th March 2026.

**May God in His eternal
mercy grant their souls
peace and rest.**

to Caussanel Province e-mail ID on or before **25 of every month.**



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