



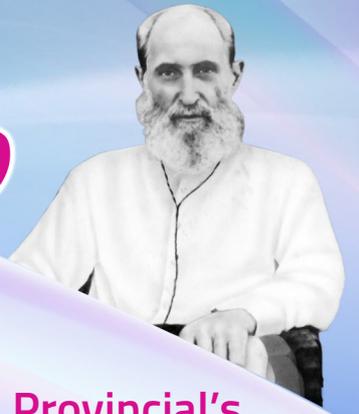
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ADHIRIVALAI

அதர்வலை

கவுசானல் மாநில மாதச் செய்தி மடல்

ஜூன் 2022 | வலை 08 | பின்னல் 13



“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”

- Romans 15:13

Dear Brothers,

Prayerful Greetings to you all in the sweet name of the Most Sacred Heart of Jesus!

This month of June is dedicated to the Most Sacred Heart of Jesus and Mary. Being an indigenous Sacred Heart Brother, this month is very important to us to think and renew our life in the society.

Heart is the symbol of love in all the literature. Just imagine the depiction of a statue or a picture of the Most Sacred Heart of Jesus, which gives more meaning to our life.

The statue of the Sacred Heart of Jesus portrays what is implied in its name: Jesus Christ with the sacred heart ablaze and visible through his chest. The sacred heart is one of the most revered symbols in our Church, and it specifically represents Christ's love for mankind through his sacrifice on the cross for humanity. In Christ's suffering portrayed in the sacred heart a sword piercing through and a crown of thorns surrounded. Which tells us even in the midst of the excessive agony he endured the pain with immense of love. Christ's love for humanity shines even brighter and outweighs the evil with his unconditional love. The sacred heart is remaining "ablaze" all through the pain. The sacred heart could be seen as two sides, with one side representing God's traditional love for humanity but the other side representing humanity's love for God.

The Sacred Heart of Jesus brings this two-sided love together in its portrayal at the "heart" of the Church. So that our founder has given the name to the congregation and all may understand and adorn the heart which shows Christ's Love.

The other notable piece of the Sacred Heart of Jesus statue is the outstretching of Christ's arms. The statue was designed such a way both of Christ's arms were extended widely towards us. Taking this into account, it may seem that the more obvious representation of this gesture is to display Christ's love towards humanity. On the base of the statue there is an inscription, which reads "Venite Ad Me Omnes." In Latin, this means "come to me all," and now it is evident why Christ's arms are extended towards the Golden Dome.

When we think of Sacred Heart of Jesus, the devotion starts from the mystery of incarnation. Like you and me He came down with the human heart and it was filled with God's love for the humanity. When he was growing from childhood to adulthood, his heart was obedient to the Heavenly Father and His will. As bible narrates, he was an obedient child to St. Joseph and Mother Mary. He grows with much wisdom and knowledge. Here we must think that when God's plan is in our hearts, we grow in knowledge and wisdom. So, let us prioritise God's will in our heart to live the life that we professed.

Provincial's PROGRAMME June 2022

- 01 SURANDAI
Prayer Meeting
- 05 DINDIGUL
Holy Communion
- 08 DINDIGUL
Marriage Function
- 09 SIVAGANGAI
- 10 RAMNAD
- 11 R.S.MANGALAM
Marriage Function
- 12-13 N. PANJAMPATTY
Holy Communion & Thanksgiving Celebration
- 14-17 ANDHRA & TELANGANA Visiting Bishop's and Brothers
- 21 REX BHAVAN
Contact Visit
- 22 PANAGUDY
Contact Visit
- 23 IRUDHAYAKULAM
Contact Visit
- 24 PROVINCIALATE
Sacred Heart Feast Day
- 26 SUHALAYAM
Contact Visit
- 28 VICKRAMASINGAPURAM
Contact Visit
- 29 VALLANADU
Contact Visit
- 30 MUKKAVAR
Contact Visit

IMPORTANT DAYS / EVENTS

- 13 Feast day of St. Antony of Paduva
- 21 Feast day of St. Aloysius Gonzaga (Patron of Junior Brothers)
- 24 Feast day of Most Sacred Heart of Jesus

THE POPE'S Monthly Prayer Intention

For families

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.



“Do not let the past disturb you. Leave everything in the Sacred Heart of Jesus and begin again with joy.”

- St. Teresa of Calcutta

Thought of the Month



During His ministerial life he has seen the people not by his eyes but by his heart. As bible narrates, 5000 people were gathered in the desert to listen to his teaching and he felt that they were hungry. No one was there to complain but he saw by His heart and realised that they were in need of food. This miracle happened because of his heart.

When the end of the day came that he must undergo suffering to fulfil his father's will, he spoke to his father that "It is not my will, but yours". The above statement came out from his mouth because of the love that He had towards His Father.

We are born as human with a heart. Seeing our good will, God has called us to become a member in the society of the Sacred Heart of Jesus. After the initial formation and various programs we professed our perpetual and temporary vows to live consecrated life in this society. During this month let us examine our life and mission. Sacred Heart of Jesus invites us to be open to love and accept all as our brethren. Go and serve the entire humanity without any discrimination in your entire

ministry. The above given two values, to apply we may not have worldwide institutions and communities to practice but we can do it within our society. We are in the communities where we need to exercise an exemplary life and resembling the Sacred Heart of Jesus, so that all will come to know our name is nothing but **BROTHERS OF THE SACRED HEART OF JESUS**.

Let us make sure that during this month the pious practises of the Most Sacred Heart of Jesus need to be practised not only in papers and words more than that it ought to be practised in action.

Let us wish and appreciate all the Brothers who are celebrating their Birthdays and Feast days in this month.

I also request you to remember all the Brothers who had rested in the Lord this month in your daily prayers.

Bro. A. Stephen Arockiasamy SHJ.,
Provincial Superior.

Social Action Commission



The National Assembly of Religious Brothers, India celebrated its Ruby Jubilee cum 15 National convention on 20th and 21st of the May, 2022 at CRI Vidyadeep College, Bangalore. The Caussanel Province congratulates newly elected NARBI Board members.

Rev. Bro. A. Stephen Arockiasami SHJ, the Province Superior of the Caussanel Province was honored and felicitated on his Silver Jubilee celebration.



Suhalayam

May 06th; Silver Jubilee of our beloved Brother Stephen Arockiasamy, the Provincial Superior and golden Jubilee of our loving ayya Arockiam Peter was remembered and an anticipatory thanks giving prayer and felicitation were conducted to honour the jubilarians at our Provincialate by Irudayakulam religious members and FSH members.

Panagudi

13th May: Our Sacred Heart Nursery and Primary School celebrated the annual Day in a grand manner. The students came up with enthralling performance.



LET ME LOVE YOU AS YOU...

Month of February widely recognized as the month of Love for the young and adult throughout the world. But for Christians June is the month to ponder the love of the heart of Jesus. There is something so special about Heart of Jesus – it never fails. We all might have experienced and read too, how that love is for everyone – EVERYONE – who would come to Jesus and ask for His forgiveness and His help. His heart could accept even the person who pierced his heart. That heart which interceded even for the people who mocked and cursed.

We read about the leper who cut through every legal, religious and social barrier to kneel down at Jesus' feet

and said to Him, "Lord, if you are willing you can make me clean," and Jesus, moved with compassion, reached out and touched him and said, "I am willing. Be made clean." That is the sweetness of the heart and this is the heart which invites all those who are weak and burden.

The unclean woman who had been haemorrhaging for twelve years, who pressed through the crowd to touch Jesus' cloak and was healed through her faith and His power and His love. This healing love isn't just for the greatest; it's also for the least – the poor, the lame, the blind, the marginalised, the prisoners and the broken hearted – it's for everyone. And everyone includes you and me. Even for the unbelievers and atheist

love is only love when we give it away. If it just flows in without ever flowing out, it becomes stagnant and eventually it dies. So today, I'd like to take a look at what we should do with this amazing love that God pours out on us because when we start doing something with that love, it's only then that our lives become rich and fulfilled.

It's interesting how often God's Word talks about the inflow and the outflow of love. God's love being poured onto us, but when it comes to us – you and me – sacrificing our lives so that His love can be poured out on others.

We know love by this: that he laid down his life for us and we ought to lay down our lives for one another.

We don't much like that second part, but surprisingly it is in that second part of the words that we discover our purpose in life. And when we live out that purpose, we discover fulfilment and contentment. And those are commodities everyone is looking for, only to discover

that, when you look in the wrong places, they are very much in short supply.

But in the Kingdom of God, in God's economy, there's more than enough fulfilment and contentment to go around. Let's unpack this a bit and see if we can't get some more fulfilment and contentment happening in your life and in mine.

So, let's explore this link between living out God's love – letting it flow out of us – and contentment and satisfaction because they are intrinsically linked. Let's pick First John chapter 4, beginning at verse 15:

God abides in those who confess that Jesus is the Son of God, and they abide in God. So, we have known and believe the love that God has for us. God is love, and those who abide in love abide in God, and God abides in them ...

There is no fear in love, but perfect love casts out fear; for fear has to do with punishment, and whoever fears has not reached perfection in love. We love because he first loved us.

Those who say, "I love God," and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen. The commandment we have from him is this: those who love God must love their brothers and sisters also.

So, first when we believe in heart of Jesus, it's not about some distant belief; it's about God abiding in us and we abiding in Him. Great word that "abiding" – it means to move in, to stay; it means an intimate setting up of our lives together. And because God is love, then when He dwells in us, His saving love dwells in us too. That means having a relationship with Him; it means trusting Him, praying, reading His Word, listening, enjoying, living our lives for Him, making decisions that honour Jesus. That is true adoration and veneration of the sacred heart of Jesus.

Being like him and imitating his heart what 'abiding' means. And then what we discover in that place is this amazing love – it just floods over us and envelopes us and we blossom and we thrive in it. Because not only do we experience the love of Jesus who died so that we could be forgiven, we experience the love of Jesus who rose again and through that we have a new life and that new life – coming with all the ups and downs, for sure – that new life, living, dwelling, abiding in the love of this awesome God.

There is no fear in love, but perfect love casts out fear; for fear has to do with punishment, and whoever fears has not reached perfection in love.

So Heart of Jesus is the source and storage of love. It gives the courage to love even if don't receive it back.

Let us love as the heart of Jesus loves us,

Let us live in Him, let us be the heart of Jesus for the people around us. Even if they don't acknowledge and accept. Then our prayer will be heard and echoed everywhere.

O most sacred heart of Jesus. We trust in you.

JUNE 2022

Birthday



- 02 Bro. R. Arockiam Peter
- 02 Bro. I. Arockiam
- 05 Bro. J. Irudayam Fernandez
- 05 Bro. J. Casmir
- 05 Bro. C. Sagayaraj
- 06 Bro. A. Jegadish
- 07 Bro. M. Savariar
- 08 Bro. A. SahayaLourduraj
- 10 Bro. A. Arul GnanaPrakasam
- 15 Bro. K. Lourdthuraj
- 18 Bro. S. Amalraj
- 22 Bro. M. Albert
- 23 Bro. M. Antony Samy
- 24 Bro. A. Gnanapragasam
- 24 Bro. S. John Peter
- 27 Bro. M. Arockiaraj

Feast Day



- 02 Bro. Rakesh Peter Sapelia
- 13 Bro. M. Antony Samy
- 13 Bro. R. Joe Antony
- 13 Bro. A. Alexis Antony
- 13 Bro. K. Antony Christopher
- 21 Bro. V.S. Maria Pragasam
- 21 Bro. A. Gnanapragasam
- 21 Bro. A. Arul GnanaPrakasam
- 21 Bro. C. GnanaSekar
- 24 Bro. J. Irudayam Fernandez
- 24 Bro. D. Irudayaraj
- 25 Bro. M. Williams
- 29 Bro. K.A. Chinappan Prasad
- 29 Bro. P. SimionRayer

Departed



- 07 Bro. Y. Savarimuthu
- 07 Bro. S. SoosaiArockiam
- 09 Bro. S. Balthasar
- 11 Bro. S. Ignasi
- 11 Bro. S. Micheal Marcel
- 15 Bro. G. Mariadas
- 16 Bro. V.D. Ambrose
- 16 Bro. R. Viagappan
- 16 Bro. V.M. Savaridas
- 18 Bro. R. Mathias
- 21 Bro. S. Ferdinand
- 21 Bro. M. Peter Celestin
- 27 Bro. K.S. Joseph Antony

Prayer to the Sacred Heart



O most holy heart of Jesus,
fountain of every blessing,
I adore you, I love you, and with
lively sorrow for my sins I offer
you this poor heart of mine.
Make me humble, patient, pure
and wholly obedient to your will.
Grant, Good Jesus, that I may
live in you and for you. Protect
me in the midst of danger.
Comfort me in my afflictions.
Give me health of body,
assistance in my temporal needs,
your blessing on all that I do, and
the grace of a holy death. Amen.

- Amen

HEART HEALTHY FOODS

for your grocery list

- SALMON
- FLAXSEED
- OATMEAL
- BLACK OR KIDNEY BEANS
- ALMONDS
- WALNUTS
- RED WINE
- TUNA
- POPCORN
- BROWN RICE
- SOY MILK
- BLUEBERRIES
- CARROTS
- SPINACH
- BROCCOLI
- SWEET POTATOES
- RED BELL PEPPERS
- ASPARAGUS
- ORANGES
- TOMATOES
- BANANAS
- CANTALOUPE
- PAPAYA
- DARK CHOCOLATE
- TEA
- YOGURT
- LENTILS
- RAISINS
- 100% WHOLE WHEAT BREAD
- APPLES

You are requested to send your house and institutional news with photos to Caussanel Province e-mail ID on or before 25th of every month.



Caussanel Provincialate

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