

# அதிர்வலை

கவுசானல் மாநில மாதச் செய்தி மடல்

ADHIRIVALAI

செப்டம்பர், 2021

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## Provincial's Programme

### SEPTEMBER 2021

- 01 CHENNAI  
*Meeting*
- 03 PROVINCIALATE  
*Province Consult*
- 04-06 PALAYAMKOTTAI
- 10 DINDIGUL
- 13 VICKRAMASINGAPURAM  
*Contact Visit*
- 14 IRUDAYAKULAM  
*Contact Visit*
- 15 SUHALAYAM  
*Contact Visit*
- 16 SINGAMPATTY & MUKKAVAR  
*Contact Visit*
- 20 REX HOUSE  
*Contact Visit*
- 21 NARANAMMALPURAM  
*Contact Visit*
- 22 THOOTHUKUDI  
*Contact Visit*
- 23 CHRISTHU JYOTHI  
*Contact Visit*
- 24 PANAGUDI  
*Contact Visit*
- 27 PALAYAMKOTTAI  
Founder's Birthday Day  
Eucharistic Celebration –  
St. Xavier's Cathedral, TVL
- 28-30 PROVINCIALATE



Dear Brothers,

*Prayerful Greetings to you all in the sweet name of the Most Sacred Heart of Jesus!*

The Catholic Church celebrates September 8, the Nativity of the Blessed Virgin Mary. The circumstances of the Virgin Mary's infancy and early life are not directly recorded in the Bible, but other documents and traditions describing the circumstances of her birth are cited by some of the earliest Christian writers from the first few centuries of the Church. The "Protoevangelium of James," which was probably put into its final written form in the early second century, describes Mary's Parent Joachim and Anne are aged. But, God blessed them like Abraham and Sarah by a beautiful child. Saint Augustine described the birth of the Blessed Virgin Mary as an event of cosmic and historic significance, and an appropriate prelude to the birth of Jesus Christ. "She is the flower of the field from whom bloomed the precious lily of the valley,"

Apart from the Nativity, she has so many special celebrations in the church calendar called by many titles (Refer the Litany of the mother Mary). It's all because the BIG YES she expressed to the salvation of Mankind.

**"One person's YES brought the savior to the world to redeem mankind"**

A missionary came to India and saw the unequal society, which disturbed him a lot. So, he decided to give Christ's values to the under privileged people. But he realized that it cannot be achieved because of lack of pastors. So, he decided to start a Congregation Brotherhood in the name of Most Sacred Heart of Jesus. He is none other than Our Founder Rev. Fr. Adrian Caussanel SJ. Let us continue to pray as a family for the sainthood of our Founder.

**"One man's Idea to serve for the society becomes in reality as a team. "**

Every year Teachers' Day is celebrated in a unique way because the role that they play in the lives of young minds to help shape the future of our country. In India, Teachers' Day is celebrated annually on September 5 to mark the birthday of the country's former President, scholar, philosopher and Bharat Ratna awardee, Dr. Sarvapalli Radhakrishnan, who was born on this day in 1888. The story behind Teachers' Day is that when Dr. Radhakrishnan took the office of the Vice President of India in 1962, his students approached him to seek permission to celebrate September 5 as a special day. Dr. Radhakrishnan instead made a request to them to observe September 5 as Teachers' Day, to recognize the contribution of teachers to the society. This year, owing to the Covid-19 pandemic, and schools being shut, the celebrations will be given a miss. However, virtual wishes and greetings are a perfect way to tell our teachers that we remember them now and always. In this special day I wish all the Teaching Brothers and Staff those who are working in our Institute HAPPY TEACHERS' DAY. I pray to God that He may give you all the wisdom and knowledge to realize what is needed to be taught today according to the signs of the time.

**"One person's decision made the whole teachers proud, respectful and honorable. "**

So, as individuals, we plan and desire to have many ideas. if God's grace is with you, you become an instrument of God like our Mother Mary and our founder. Let us be conscious of ourselves without comparing ourselves with others, because we are unique and non-comparable with any other human. Seeing the bad action of others, we need not change our goodness of self.

God has expressed his love towards our society by safeguarding and healing our Brothers during this pandemic time of Covid-19. As Brothers we too need to take care of our health. Be cautious when you are dealing with the persons in your ministry without insulting them.

Let us wish and appreciate all the Brothers who are celebrating their Birthdays and Feast days in this month.

May I also request you to remember in your daily prayers all the Brothers who had rested in the Lord in this month.

**Bro. A. Stephen Arockiasamy SHJ**  
Provincial Superior

## IMPORTANT DAYS / EVENTS

### SEPTEMBER 2021

- 05 TEACHERS DAY
- 08 NATIVITY OF BLESSED VIRGIN MARY
- 27 171<sup>st</sup> BIRTH ANNIVERSARY OF OUR FOUNDER REV.FR. ADRIAN CAUSSANEL SJ.,

Thought

Grace is getting something you don't deserve, and Mercy is not getting what you do deserve.

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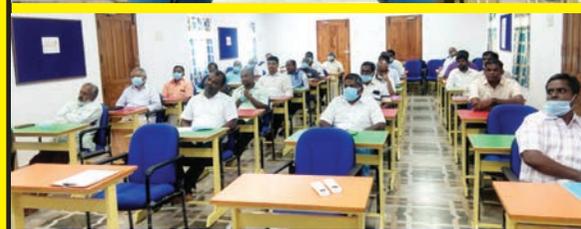
## Superiors & Procurators Meeting

**Provincialate August 6;** Meeting for all the Superiors and Procurators of our province was held on 6<sup>th</sup> of July at our Provincialate in the presence of Rev.Br. Stephen Arockiasamy, the Provincial and Rev.Br.Amalan, the auxiliary Provincial of De Lasalle brothers enlightened our Brothers in the first session. During this meet budget for all the houses was approved by Br.Provincial. Afternoon Superiors meet was headed by Br.Provincial. All the Superiors expressed their views and plans for the good our institutions. Finally Rev.Br.Provincial addressed and spoke about the challenges and future plan that brothers have to carry out towards the new mission.

## Annual Retreat

Retreat programme for the 1<sup>st</sup> batch of our brothers was organised at our Provincialate from 27<sup>th</sup> to 31<sup>st</sup> of August, 2021. 30 brothers took part and it was begun with a prayerful talk by Br.Stephen Arockiasamy, the Provincial. Rev.Fr.Arul, the preacher enlightened our brothers with the meaning of **'live the NOW to the fullest'** which enabled them to have a meaningful and active participation in the retreat.

- Br. S. Lawrence SHJ., Coordinator



## Vickramasingapuram

**15<sup>th</sup> August;** The Feast of St. Mary's institutions was celebrated in a grand manner. Religious people took part at this joyful moment in a good number.



## Kanthlaore

**18<sup>th</sup> August;** Social forestry club was founded by Mr.Aathees, the forest ranger at Sacred Heart High School in Kanthaloore. During this occasion trees were planted on the school ground. Br.Jesuraj, Br.Michael, Br.Abinash, Mr.Mani, teachers and students were present on this event.

## Caussanelpuram

**15<sup>th</sup> August;** 75<sup>th</sup> Independence Day of our country was celebrated in a simple manner at Christhu Jyothi Primary School, Caussanelpuram.



**21<sup>st</sup> August;** New Dining hall was established and blessed at Christhu Jyothi community in Caussanelpuram.



## Kurichy

New dining hall at St.Thomas Home for Children was blessed by Most.Rev.Bishop Antonysamy and inaugurated by Very Rev.Bro.Velankanni, the Superior General and Rev.Br.Stephen Arockiasamy, the Provincial, in the presence of Fr.Antony Xavier, the Parish priest and Br.Pancras, the Superior and the director of HFC. About 150 guests both religious people and teachers attended the ceremony and reception afterward.

## Social Action Commission

1. The Social Action Commission of the Caussanel Province organized a planning and orientation program for the leaders of the Friends of the Sacred Heart at Christuraja Hr. Sec. School, Palayamkottai. Bro. Albert Xaviour, the Commission Coordinator, Bro. Innasi Inigo, the Commission Secretary and the Zonal coordinators Bro. S. Rajan, Vickramasingapuram, Bro. M.D. Sebastian, Palayamkottai and Bro. I. Joseph, Tuticorin were the program organising committee members. Rev. Br. Provincial Superior chaired the meeting and Bro. A. Mariadas was invited as a guest. The Zonal leaders presented and discussed the current activities, also planned for the next three years program to make the FSH movement of the province to become more energetic. The program was concluded with few resolutions and recommendations, which will be implemented in the next three years in the respective Zones.

2. The Social Action Commission of Caussanel Province in collaboration with Rex Brothers House distributed Covid-19 dry food kits to 30 marginalized families in and around Palayamkottai. The Commission expressed its gratitude to Rex Brothers Community for collaborating with the commission.



# Science and Technology: Far from God?

The university professor challenged his students with this question. Did God create everything that exists? A student bravely replied, "Yes, he did!"

"God created everything?" the professor asked.

"Yes sir", the student replied.

The professor answered, "If God created everything, then God created evil since evil exists, and according to the principle that our works define who we are then God is evil". The student became quiet before such an answer. The professor was quite pleased with himself and boasted to the students that he had proven once more that the Christian faith was a myth.

Another student raised his hand and said, "Can I ask you a question professor?"

"Of course", replied the professor.

The student stood up and asked, "Professor, does cold exist?"

"What kind of question is this? Of course, it exists. Have you ever seen cold?" The students snickered at the young man's question.

The young man replied, "In fact sir, **cold does not exist. According to the laws of physics, what we consider cold is in reality the absence of heat.** Every body or object is susceptible to study when it has or transmits energy, and heat is what makes a body or matter have or transmit energy. Absolute zero (-460 degrees F or -273 degrees Celsius) is the total absence of heat; all matter becomes inert and incapable of reaction at that temperature. Cold does not exist. **We have created this word to describe how we feel if we have no heat.**"

The student continued, "Professor, does darkness exist?"

The professor responded, "Of course it does".

The student replied, "Once again you are wrong sir, **darkness does not exist either. Darkness is in reality the absence of light. Light we can study, but not darkness.** In fact, we can use Newton's prism to break white light into many colours and study the various wavelengths of each colour. You cannot measure darkness. A simple ray of light can break into a world of darkness and illuminate it. **How can you know how dark a certain space is? You measure the amount of light present.** Isn't this correct? Darkness is a term used by man to describe what happens when there is no light present".



Finally, the young man asked the professor, "Sir, does evil exist?"

Now uncertain, the professor responded, "Of course as I have already said. We see it every day. It is in the daily example of man's inhumanity to man. It is in the multitude of crime and violence everywhere in the world. These manifestations are nothing else but evil".

To this the student replied, "Evil does not exist sir, or at least it does not exist unto itself. **Evil is simply the absence of God. It is just like darkness and cold, a word that man has created to describe the absence of God.** God did not create evil. Evil is not like faith, or love that exist

just as does light and heat. Evil is the result of what happens when man does not have God's love present in his heart. It's like the cold that comes when there is no heat or the darkness that comes when there is no light". The professor sat down. **The young man's name - Albert Einstein.**

It is true that the growing trend in the technological advancement has resulted in a large band gap between spirituality and science. This is because **when it was said "faith can move the mountains" - nobody believed. However, everybody believed the saying, "Atom bomb can move the mountains."** Anyone can analyse the above statements and understand that the atom bomb cannot simply move the mountain unless the scientist one who created the atom bomb has faith in his formula and invention. It is the mass energy relation of the great scientist (Albert Einstein's mass energy equation,  $E=mc^2$ ) which gave birth to the atom bomb. Hence, the right knowledge and right belief will transcend oneself towards ultimate wisdom not only in the case of science but also in spirituality.

Of course, **the true wisdom is the combination of both intellect and spirituality.** That is why it is said, "**Education without values is making man a clever devil**". Science is a very valuable part of humanity. However, it has not yet explained it all. Building the science of spirituality into a practice requires right intention and effort. Spirituality can be defined broadly as a sense of connection to something higher than ourselves. **Seeking a meaningful connection with something bigger than yourself can result in increased positive emotions.** Spirituality is an experience, like Swami Vivekananda said "you have to grow from inside out, none can teach you, make you spiritual, there are no teachers but your own soul".

-Bro.T.Arulraj - Vadipatti  
Continue...

## SEPTEMBER 2021

### Birthday



- 04 Bro. A. Maria Joseph Antony
- 13 Bro. S. Maria Soosai Adaikalam
- 14 Bro. A. Mariaselvam
- 16 Bro. K.A. Chinappan Prasad
- 23 Bro. A. David Francis
- 29 Bro. N.M. Michael Raj



- 08 Bro. S. Arockianathan
- 08 Bro. R. Arockiampeter
- 08 Bro. S. Arockiasamy
- 08 Bro. M. Arockiaraj
- 08 Bro. I. Arockiam
- 08 Bro. A. Arockiam Abinash
- 08 Bro. S. Arockiaraj
- 21 Bro. L. Franklin Mathew
- 27 Bro. A. Vincent Paul
- 29 Bro. N.M. Michael Raj
- 29 Bro. A. Michael
- 29 Bro. V. Raphael Alex

### Departed



- 03 Bro. R. Amaladas
- 08 Bro. Antony T. Ramayil
- 10 Bro. M. Joseph
- 10 Bro. M. Marianna Dasari
- 11 Bro. J. Maria Innacimuthu
- 12 Bro. V. Arulanandam
- 17 Bro. M. Francis
- 19 Bro. G. Boniface
- 22 Bro. S. Maria Pragasam
- 22 Bro. P.M. Chacko
- 23 Bro. A. Augustine Poonusamy
- 25 Bro. F. Manuel Esther Fernandes
- 26 Bro. A. Maria Soosai

## PRAYER

O Mother of Health, we are proud of you, being the Mother of our Lord, Jesus Christ. We Praise you in great Joy of our Heart. We meditate with devotion on the glad tidings, the Angel Gabriel brought to you.

Hail Mary, Full of Grace !you have been raised to the dignity of the Mother of God by your submission. The God of grace assumed our human nature and lived in your Blessed Womb. You are blessed among Women.

We pray to you that we may bear in us our Loving God and be filled with his Grace. Help us that we may be humble and chaste to resemble you, and be enriched with the Gifts of the Holy Spirit.

We ardently desire to be united with our God through the fruitful reception of the Sacraments. Oh, Our Heavenly Mother, we call you blessed and entreat you to bless us all with your loving Arms which embraced our Divine Master AMEN.



## Health is Wealth

### 10 TIPS FOR HEALTHY EATING

Making healthy food choices doesn't have to be overwhelming. These tips will get you on your way.

1. Cook at home more often to avoid processed foods.
2. How you eat is as important as what you eat. Enjoy your meals without multitasking.
3. Listen to your body -eat when you're hungry and stop when you're satisfied.
4. Eat at regular times.
5. Plan healthy snacks.
6. Eat a variety of vegetables and fruit at every meal.
7. Eat whole grains more often.
8. Eat fish at least twice a week.
9. Include legumes like beans, chickpeas, lentils, nuts and seeds more often.
10. Don't be afraid of fat. Choose olive oil and canola oil more often.



### THE POPE'S Monthly Prayer Intention

#### An Environmentally Sustainable Lifestyle

We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.

You are requested to send your house and institutional news with photos to Caussanel Province e-mail ID on or before 25<sup>th</sup> of every month.



#### Caussanel Provincialate

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